



Long Island School for the Gifted

MARCH LUNCH MENU

PRICE

Lunch Meal: \$3.00

Meal includes:

Milk

Chocolate/White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Beef Taco Boat Beef Taco, Cheese, Tomato, Lettuce</p> <p>Applesauce Fresh Fruit</p>	<p>3 Chicken/Cheese Quesadilla Baby Carrots w/LF Dip Chilled Peaches Raisins</p>	<p>4 Popcorn Chicken Bowl Chicken Nuggets/Mashed Potato/Corn Niblets</p> <p>Applesauce Fresh Fruit</p>	<p>5 Roasted Chicken Pasta Salad Corn Niblets Mixed Fruit Fresh Orange</p>	<p>6 Pizza Stix/Marinara Sauce Fresh Garden Salad Chilled Fruit Cup Apple</p>
<p>9 Asian Express Box Rice, General Tao Sauce Chicken, Broccoli, Shredded Carrots</p> <p>Fresh Garden Salad Chilled Peaches</p>	<p>10 Create you own Bowl Rice, Beans, Corn, Lettuce, Sour Cream, Salsa, Chicken Fajita Strips</p> <p>Diced Pears Fresh Grapes</p>	<p>11 Creamy Mac n Cheese Chicken Nuggets Crunchy Carrot Coins Chilled Peaches Raisins</p>	<p>12 Biscuit Chicken Broccoli w/LF Dip Diced Pears Fresh Orange</p>	<p>13 Brunch for Lunch French Toast/ Chicken Sausage</p> <p>Chilled Fruit Cup</p>
<p>16 Hamburger/Cheeseburger French Fries Fresh Garden Salad Chilled Peaches</p>	<p>17 Margherita Meatball Hero Cucumber Wheels Applesauce Fresh Fruit</p>	<p>18 Chicken/Cheese Quesadilla Baby Carrots w/LF Dip Chilled Peaches Raisins</p>	<p>19 Roasted Chicken Pasta Salad Corn Niblets Mixed Fruit Fresh Orange</p>	<p>20 Beef Taco Boat Beef Taco, Cheese, Tomato, Lettuce</p> <p>Applesauce Fresh Fruit</p>
<p>23 Pizza Crunchers Baby Carrots w/LF Dip Chilled Peaches Raisins</p>	<p>24 Walking Tacos Cheese/Lettuce/Tomato Tortilla Bag</p> <p>Applesauce Fresh Fruit</p>	<p>25 Create you own Bowl Rice, Beans, Corn, Lettuce, Sour Cream, Salsa, Chicken Fajita Strips</p> <p>Diced Pears Fresh Grapes</p>	<p>26 Pasta & Meatballs with warm bread stix Cucumber/Tomato /LF Dip Applesauce Fresh Fruit</p>	<p>27 Brunch for Lunch French Toast/ Chicken Sausage</p> <p>Chilled Fruit Cup</p>
<p>30 Biscuit Chicken Broccoli w/LF Dip Diced Pears Fresh Orange</p>	<p>31 Asian Express Box Rice, General Tao Sauce Chicken, Broccoli, Shredded Carrots</p> <p>Fresh Garden Salad Chilled Peaches</p>			



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MARCH A LA CARTE MENU

MONDAY:	HAMBURGER/CHEESEBURGER W/CURLY FRENCH FRIES	\$3.00 PER SERVING
	CURLY FRENCH FRIES ONLY	\$1.00 PER SERVING
	CHEESE PIZZA	\$2.00 PER SERVING
	“ASIAN EXPRESS BOX”- RICE/GENERAL TAO SAUCE /CHICKEN/BROCCOLI/ SHREDDED CARROTS	\$3.00 PER SERVING
TUESDAY:	TOSTITO “WALKING” TACOS- TACO MEAT, SHREDDED CHEESE, TOMATO, LETTUCE	\$3.00 PER SERVING
	BIG DADDY BUFFALO PIZZA	\$2.00 PER SERVING
	“BRUNCH FOR LUNCH”	\$3.00 PER SERVING
WEDNESDAY:	POPCORN CHICKEN BOWL W/WARM BREADSTIX	\$3.00 PER SERVING
	CHICKEN NUGGETS W/TATOR TOTS	\$3.00 PER SERVING
	TATOR TOTS ONLY	\$1.00 PER SERVING
THURSDAY:	CHICKEN SLIDER SANDWICH/LETTUCE/TOMATO W/KRINKLE FRENCH FRIES	\$3.00 PER SERVING
	KRINKLE FRIES ONLY	\$1.00 PER SERVING
	FRENCH BREAD PIZZA	\$2.00 PER SERVING
FRIDAY :	BUILD YOUR OWN PASTA BAR-ROTINI PASTA/ALFREDO SAUCE OR TOMATO SAUCE/ BROCCOLI/MEATBALLS	\$3.00 PER SERVING
	MARGHERITA MEATBALL HERO	\$2.00 PER SERVING

OFFERED DAILY AS ENTRÉE: FRESH GARDEN SALAD- \$3.00 PER SERVING

ADDITIONAL ITEMS:

DAILY VEGETABLE CHOICE: ONE VEGETABLE CHOICE PER DAY	\$.75 PER SERVING
DAILY FRESH FRUIT CHOICE: ONE FRUIT OPTION OFFERED PER DAY	\$.75 PER SERVING
WATER: 16.9 OZ POLAND SPRING WATER	\$1.25 PER BOTTLE
MILK: FRESH MILK DAILY	\$.75 PER CARTON